



EXCELLENCE IN SPORT
26 March 2021



PUBLIC STAFF MEMBERS RESTART UPDATE (FROZEN)

MEMBERSHIP INFORMATION

What is happening to my membership?

We completely understand that some of you don't want to restart your membership quite yet – which is why we are **extending the FREE Frozen Offer until 31/07/21** at this stage (review closer to the time).

- You will remain on the Frozen list unless you inform us otherwise
- You payments (DD) will not restart until you ask us to restart your membership
- If you paid for 12 months in advance we will add the missing months (when you were Frozen) on to the end of your membership
- You can restart your membership immediately or can stay on the Frozen list
- If you do wish to restart please email sportsadmin@exeter.ac.uk with a start date and we will do the rest!
- The 25% discount off the full prices for DD customers is also extended until 31/07/21, so if you do restart you will do so on the discounted fee.

if you have any questions please email sportsadmin@exeter.ac.uk



RESTART INFORMATION

Gym Reopening Monday 12 April

Subject to the latest Government guidelines - we look forward to welcoming you back on Monday 12 April. We will be working through a phased reopening plan to ensure we can operate in a **covid-secure environment**.

- The gym at the Sports Park will open on Monday 12 April.
- Fitness classes will remain online until 17 May., then available on-site and online (subject to guidelines)
- St Luke's Sports Centre will remain closed whilst the venue is repurposed,

we will review as soon as possible

- Facilities (other than the gym, online classes and outdoor swimming) will remain closed to casual bookings as we follow Government guidelines.
- The Outdoor Pool on the Streatham Campus will open on 3 April.
- Please ensure you follow all instructions and guidelines to ensure we can continue to operate a covid-secure facility.

Thanks for being a member and supporting the safety guidelines.

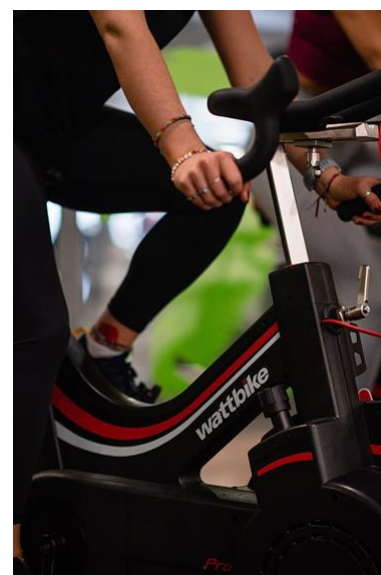


USING THE GYM

Book online

We thank you for your support to ensure we are following Covid-secure guidelines to enable us to remain open. Please continue to **book your gym sessions online** and wait outside until you are called in for your start time.

- When queuing outside it is important you follow social distancing rules and attend the gym individually
- Gym Session maximum numbers will be limited to comply with regulations, please ensure you attend your booked session or cancel in advance – to allow places to be booked by other members
- Follow the signs and directions within the gym facility
- Train individually and consider social distancing rules and measures in place
- Clean all the equipment you use before and after
- Face coverings **MUST** be worn until you enter the gym - they must be worn through the reception
- Do not exceed the maximum numbers in each zone within the gym
- Only small drawstring bags are permitted in the gym and must be kept with you at all times
- The changing rooms will remain closed, so please attend ready to train
- Leave the gym promptly at the end of the session so the staff can clean prior to the next session



OUTDOOR POOL

Opening 3 April

Great news! The **Outdoor Pool** will be opening on Saturday 3 April.

To follow the guidelines, spaces per session are limited and **prior booking is required**. There will be lane swimming sessions, recreational swim, training lanes and family swim sessions. The **first week will be 'pay-as-you-swim'** with monthly Swim Memberships planned to start on 12 April (depending on Operational measures and a review of usage)

- Please attend lane and training sessions as individuals and **book online.**
- **There will be no cash taken at site**, the electronic payment machines will be available but please **book and pay online**
- Social distancing is required in the pool and the surrounding area, please behave responsibly and adhere to the guidelines to ensure we can operate in a covid-secure manner.
- **Booking is available online**
- Health & Fitness Members can add the Swimming Bolt-On to include the Outdoor Pool - please speak to the reception team.
- Don't forget if you have the Swimming Bolt-On or the Inclusive Membership it already includes the Outdoor Pool!
- If your Inclusive Membership is Frozen (and you have the free Sports Pass) you can access the pool at the discounted members rate – but let us know if you want to restart your Inclusive membership.



Please see the [website](#) for the full timetable and pricing information and our instructional video on our Facebook page.

MEMBERSHIP FOR 2021/2022

Great offers coming!

We will communicate shortly regarding the fantastic offers and prices that will start from 01/08/21. We have listened to feedback and planned some great options for you all! Keep an eye out for your member e-newsletters.

Thanks for being a member!



ONLINE CLASSES

Join our community!

We have some fantastic classes online, with a mix of your favourites! You don't need a live membership, just follow the link and sign up. Workout for free in your own home, try out a variety of classes and find your favourite.

Don't forget to let us know what you think so we can pass the feedback on to the instructors and plan our timetables accordingly.

Please follow this link to our [FiXR profile](#) for online classes or check out our [Facebook group](#).



SOCIAL MEDIA

Follow us

Facebook - [University of Exeter Sport](#)

Twitter - [UofExeterSport](#)

Instagram - [UniOfExeHealthandFitness](#)

EVENTS

Online classes: <https://fixr.co/organiser/241194645>

FOR FURTHER INFORMATION:

email: sportsadmin@exeter.ac.uk



EXCELLENCE IN SPORT