

# 7 Plus

| Monday              | Tuesday | Wednesday        | Thursday         | Friday              | Saturday | Sunday               |
|---------------------|---------|------------------|------------------|---------------------|----------|----------------------|
| 5.30pm<br>(Stage 1) |         | 6pm<br>(Stage 2) | 6pm<br>(Stage 1) | 5pm<br>(Stage 1)    |          | 8.30am<br>(Stage 1)  |
|                     |         |                  |                  | 5.30pm<br>(Stage 2) |          | 10.30am<br>(Stage 2) |
|                     |         |                  |                  |                     |          | 11.30am<br>(Stage 2) |

# 12 Plus

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
|        |         | 7pm       |          |        |          |        |

